

Felixstowe Mencap

FAMILY FITNESS DAY

Saturday 16th May

Trimley Sports & Social Club

10am—4pm



Bouncy Castle



Ice Cream Van



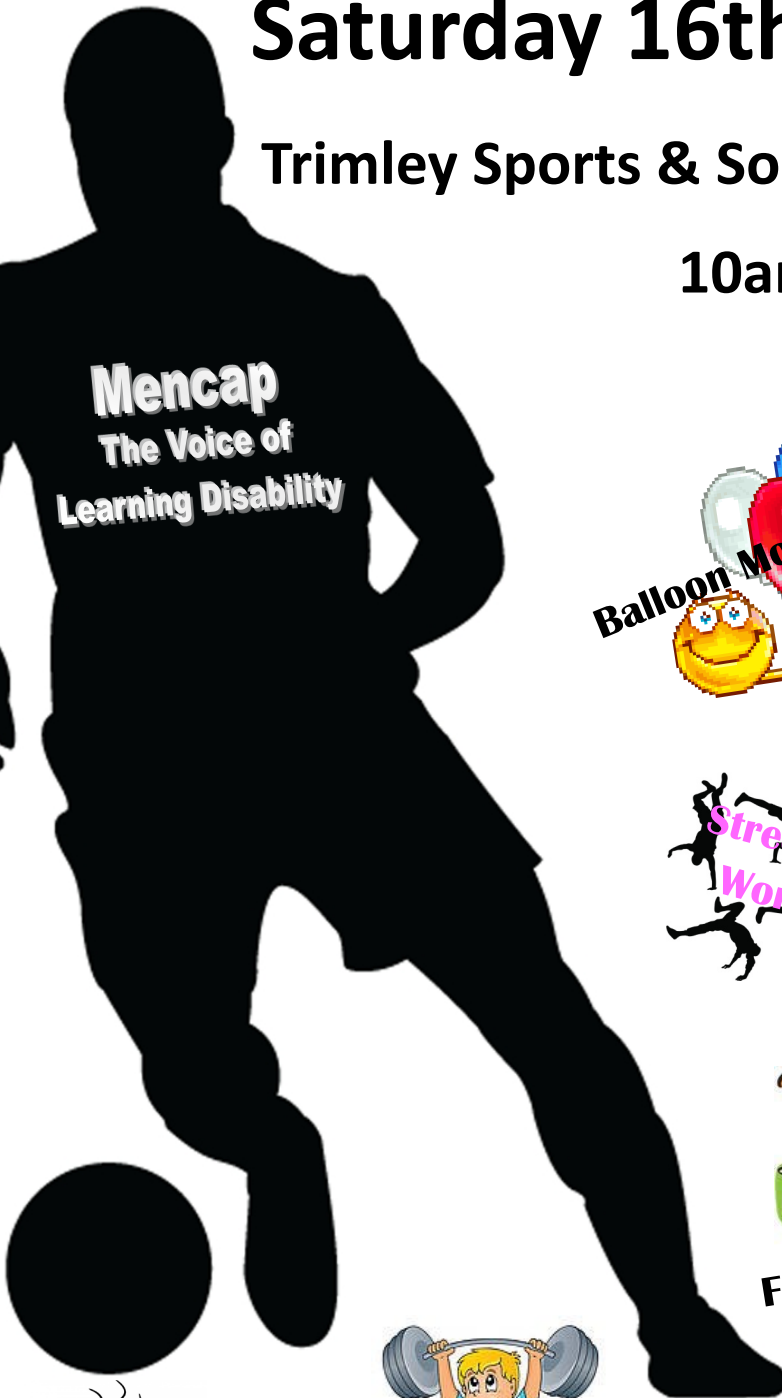
Children's Fitness Activities



Health and Beauty Spa



Weight Watchers



Coffee



Gymnastic Contests



Balloon Modelling



Street Dance Workshop



Face Painting



Teas

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