 

MULTI SKILLS VIRTUAL CHALLENGE

Your name: ………………………………….. Your Year: ………

Your School: ……Trimley St Martin………………..

Complete each activity and enter your scores below. See if you can improve your Personal Best each week!

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | Target Golf | Jumping Frogs | Cone Agility | Lion Walk | TOTAL POINTS |
| Week 101-02-2021 |  |  |  |  |  |
| Week 208-02-2021 |  |  |  |  |  |
| Week 315-02-2021 |  |  |  |  |  |
| Week 422-02-2021 |  |  |  |  |  |
| Week 501-03-2021 |  |  |  |  |  |
| Week 608-03-2021 |  |  |  |  |  |
| Week 715-03-2021 |  |  |  |  |  |
| Week 822-03-2021 |  |  |  |  |  |

Target Golf = 1 point for each item in the target area

Jumping Frogs = 2 points each time the course is completed

Cone Agility = 3 points for each coloured marker touched

Lion Walk = 4 points for each item returned to base

Send it back to school via: ad.trimleystmartin.p@talk21.com