 

MULTI SKILLS VIRTUAL CHALLENGE

Your name: ………………………………….. Your Year: ………

Your School: ……Trimley St Martin………………..

Complete each activity and enter your scores below. See if you can improve your Personal Best each week!

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | Target Golf | Jumping Frogs | Cone Agility | Lion Walk | TOTAL POINTS |
| Week 1  01-02-2021 |  |  |  |  |  |
| Week 2  08-02-2021 |  |  |  |  |  |
| Week 3  15-02-2021 |  |  |  |  |  |
| Week 4  22-02-2021 |  |  |  |  |  |
| Week 5  01-03-2021 |  |  |  |  |  |
| Week 6  08-03-2021 |  |  |  |  |  |
| Week 7  15-03-2021 |  |  |  |  |  |
| Week 8  22-03-2021 |  |  |  |  |  |

Target Golf = 1 point for each item in the target area

Jumping Frogs = 2 points each time the course is completed

Cone Agility = 3 points for each coloured marker touched

Lion Walk = 4 points for each item returned to base

Send it back to school via: ad.trimleystmartin.p@talk21.com