

Key Stage 1

Sports Day

Friday 17th July

9:30

**Programme of Events**

House Team Challenges

30m Hurdles Race

Beanbag Throwing Challenge

Long Jump Challenge

Four Hurdle Challenge

Track Races

Sack Race

Egg & Spoon Race

30m, 40m & 50m Race

House Team Parlauff Relay

**Blue Cool Cats – South Africa**

**Red cheetahs – Canada**

**Yellow Dragons – Australia**

**Green Crocodiles – India**

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| **CHALLENGES** | 9:30 – 9:50 | 9:50 – 10:10 | 10:10 – 10:30 | 10:30 – 10:50 |
| 30m Hurdles Race |  | Lincoln | MacArthur | Hughes |
| Beanbag Throwing Challenge | Hughes |  | Lincoln | MacArthur |
| Long Jump | MacArthur | Hughes |  | Lincoln |
| Four Hurdle Challenge | Lincoln | MacArthur | Hughes |  |

**11:00 Track Races**

Hughes Sack Races

MacArthur Sack Races

Lincoln Sack Races

Hughes Egg & Spoon Races

MacArthur Egg & Spoon Races

Lincoln Egg & Spoon Races

Hughes 30m Sprint Races

MacArthur 40m Sprint Races

Lincoln 50m Sprint Races

**House Team Parlauff Relay**

Morning and welcome to Trimley St Martin sports day. This morning the children will compete in four different events to earn points for their house teams and countries.

When the team events are completed the children will get the opportunities to complete in three different track races. When racing the children will still be competing for top four places to earn points for their teams.

The final event will see the children come back together to complete within their teams in a 4 minute Parlauff relay.



**Trimley st Martin Primary School**

**Kirton Road**

**Trimley St Martin**

**IP11 0QL**