



Key Stage 1

Sports Day

Monday 26th June

9:30

Programme of Events

House Team Challenges

30m Hurdles Race

Beanbag Throwing Challenge

Team Water Race

Long Jump Challenge

Track Races

Sack Race

Egg & Spoon Race

30m, 40m & 50m Race

House Team Parlauff Relay

Team Water - Blue Team Fire - Red

**Team Light - Yellow Team Earth -
Green**

CHALLENGES	9:30 – 9:50	9:50 – 10:10	10:10 – 10:30	10:30 – 10:50
30m Hurdles Race		Nightingale	Earhart	Donaldson
Beanbag Throwing Challenge	Donaldson		Nightingale	Earhart
Team Water Race	Earhart	Donaldson		Nightingale
Long Jump Challenge	Nightingale	Earhart	Donaldson	

11:00 Track Races

Donaldson Sack Races

Earhart Sack Races

Nightingale Sack Races

Donaldson Egg & Spoon Races

Earhart Egg & Spoon Races

Nightingale Egg & Spoon Races

Donaldson 30m Sprint Races

Earhart 40m Sprint Races

Nightingale 50m Sprint Races

House Team Parlauff Relay

Good morning and welcome to Trimley St Martin's sports day. This morning the children will compete in four different events to earn points for their house teams.

When the team events are completed the children will get the opportunity to compete in three different track races. When racing the children will still be competing for top four places to earn points for their teams.

The final event will see the children come back together to compete within their teams in a 4 minute Parlauff relay.



Trimley st Martin Primary School

Kirton Road

Trimley St Martin

IP11 0QL