



Thorpewoodlands – Kit List



You will need to take with you:

- ✓ Nightwear (including slippers and dressing gown)
- ✓ Wash bag (including flannel, body wash, shampoo, toothbrush, toothpaste, deodorant, hairbrush, towel)
- ✓ Torch
- ✓ Medication e.g. inhalers (if needed)
- ✓ Waterproof jacket
- ✓ Trainers
- ✓ Enough clothes for 4 days! (nothing special, older clothes and layers are best)
- ✓ A set of old clothes that could get damaged (for caving)
- ✓ Neoprene shoes or old shoes (for canoeing and raft building)
- ✓ Towel and swimming costume/swimming shorts and rash vest (for canoeing and raft building)
- ✓ Refillable drinks bottle
- ✓ A teddy!
- ✓ A book to read
- ✓ A suitcase or holdall to bring everything in!
- ✓ Labelled plastic bags for wet/dirty clothes
- ✓ Sunhat and suntan lotion

You may like to bring with you:

- ✓ Walking boots
- ✓ Hair bands will be needed to tie long hair back
- ✓ Sweets and treats for the evenings (nothing too messy please)
- ✓ Insect repellent (especially for the evenings)

MAKE SURE EVERYTHING IS CLEARLY LABELLED



You must not bring with you:

- Any electronic devices (including mobile phones)
- Money
- Valuable items (including jewellery)

Any medication needs to be clearly labelled with your name and dosage and given to your teacher on arrival. Any child with an inhaler must bring it.