



Key Stage 1

Sports Day

Friday 22nd June

9:30

Programme of Events

House Team Challenges

30m Hurdles Race

Beanbag Throwing Challenge

Long Jump Challenge

Four Hurdle Challenge

Track Races

Sack Race

Egg & Spoon Race

30m, 40m & 50m Race

House Team Parlauff Relay

Team Water – Blue

Team Fire – Red

Team Light – Yellow

Team Earth – Green

CHALLENGES	9:30 – 9:50	9:50 – 10:10	10:10 – 10:30	10:30 – 10:50
30m Hurdles Race		Lincoln	MacArthur	Hughes
Beanbag Throwing Challenge	Hughes		Lincoln	MacArthur
Long Jump	MacArthur	Hughes		Lincoln
Four Hurdle Challenge	Lincoln	MacArthur	Hughes	

11:00 Track Races

Hughes Sack Races

MacArthur Sack Races

Lincoln Sack Races

Hughes Egg & Spoon Races

MacArthur Egg & Spoon Races

Lincoln Egg & Spoon Races

Hughes 30m Sprint Races

MacArthur 40m Sprint Races

Lincoln 50m Sprint Races

House Team Parlauff Relay

Morning and welcome to Trimley St Martin sports day. This morning the children will compete in four different events to earn points for their house teams and countries.

When the team events are completed the children will get the opportunities to complete in three different track races. When racing the children will still be competing for top four places to earn points for their teams.

The final event will see the children come back together to complete within their teams in a 4 minute Parlauff relay.



Trimley st Martin Primary School

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Trimley St Martin

IP11 0QL